

# Pre Trade Checklist

- ARE YOU FOLLOWING YOUR TRADE PLAN ?
- ARE YOU RISKING A FRACTION OF YOUR CAPITAL ?
- ARE YOU FOLLOWING THE TREND ?
- IS THE TRADE AT THE AREA OF VALUE ?
- GOT THE TRADE CONFIRMATION ?
- DO YOU KNOW WHERE TO EXIT IF YOU ARE RIGHT ?
- DO YOU KNOW WHERE TO EXIT IF YOU ARE WRONG ?

## How to Use This Checklist

This is not something to read once.

It's something to go through before every trade.

- Go through each point **before entering a trade**
- If even one answer is unclear → **skip the trade**
- Do not rush through it just to justify an entry

## Execution Guideline

The checklist is not for confirmation.

It's for filtering bad trades.

- Clear answers = valid setup
- Doubt or hesitation = no trade
- No setup is better than a bad setup

## What Most Traders Do Wrong

- They check the list after entering
- They ignore 1-2 conditions and still trade
- They look for reasons to enter, not reasons to avoid

That's where losses come from.

## Discipline Rule

This checklist only works if you respect it.

- No skipping steps
- No bending rules
- No emotional entries

## Rule

**You don't need more trades.**

**You need better decisions.**